Dana F Saluscare

Save Me From Myself

Search inside myself for

the strength to guide my Path.

So lost inside my head

from shattered dreams and a painful past

A dead end road of darkness.

Like quicksand shinking

and on road that has no meaning.

No beginning or no end.

No escape to run and hide.

Overwhelmed by flooding tears

bottled up inside myself, alone, unspoken fears

feeling so enraged so numb to anger

I can’t sleep.

My mind is racing constantly

from secrets sworn to keep.

Inside this life I live

from pain and hurting felt.

Someone please come and rescue me

and to save me from myself.